

## Apples Activities for Tuesday

### On the Move

#### Apple Toss

Toss the apples into the basket and try not to miss!

Materials:

- Paper
- Large basket/container

Instructions:

1. Crumble several pieces of paper into balls and place them in a pile to create your “apples”.
2. A few feet away from the “apples”, place the basket/container directly in front.
3. Instruct your child to throw the apples into the basket/container.
4. See how many “apples” your child can get into the basket/container.

### Adventures Online

#### Happy Fruits

Sing and dance along to this fun song about fruits.

<https://www.youtube.com/watch?v=grK8iEdWpp0>

### Sensory Time

#### Apple Treats

An apple is the perfect snack on a fall day!

Materials:

- Apples
- Knife
- Small plate

Instructions:

1. Cut an apple in half to and take the stem and seeds you find.
2. Continue to cut the apple into bite-sized pieces and place them on the small plate.
3. Enjoy your snack!
4. Take a break outside to enjoy the brisk fall breeze.

### Story Time

#### How Do Apples Grow?

Let's learn how apples grow from seed to sapling to tree to applesauce.

Read Aloud: <https://www.youtube.com/watch?v=Tslb5mME57w>

### Arts and Creativity

#### Apple Songs

Have fun singing these songs about apples.

A Little Apple Seed (Tune: *Itsy Bitsy Spider*)

Once a little apple seed was planted in the ground.  
Down came the soft rain, falling all around.  
Out came the sun as bright as bright could be  
And that little apple seed grew to be an apple tree!!

Juicy Apples (*Tune: Twinkle, Twinkle Little Star*)

Apples juicy, Apples round,  
On the trees and on the ground.  
Apples yellow, Apples red,  
Apple juice or pie and bread.  
Apples crunchy, Apples sweet,  
Apples are so good to eat!